
EXPERIENCE

Family nurse practitioner with 17
years of experience

6 years with a private practice in
New York city focused on allergy,
immunology, skin conditions and
gut health

11 years rural health clinic in New
Mexico covering general medical
conditions and management with a
specialty focus in psychiatry the
past 6 years

HEALING IN NM
505)500-1260

www.healinginnm.com

JULIE MURPHY
FNP-BC, PMHNP-BC



Family Nurse Practitioner and
Psychiatric Mental Health Nurse
Practitioner

Offering integrated solutions to
mental health and physical health

Visits are by appointment only

Currently accepting out of
network benefits or cash pay for
services





Let's replace silence with support, stigma with understanding, and fear with hope.



"When you are ready to feel like yourself again, I am here to support you"

Prescription orders only available to residents of New Mexico and New York

Lab evaluation and supplements available to residents everywhere

Prescription skincare for anti aging, rosacea, acne, and hyperpigmentation available in most states

Top areas of focus:

ADHD, anxiety, panic, depression, menopause, perimenopause, allergies, weight management, gut health, sexual health, libido, anti aging, longevity

SERVICES OFFERED

To help you feel like yourself again: psychiatric services, medical services, weight management, skincare, hormone therapy and more



INTEGRATED PSYCHIATRIC EVALUATION:

\$400 INITIAL EXAM

\$100-\$300 follow up and brief therapy

3 month package with weekly visits \$3000

Comprehensive review of past history and current problems evaluating medical environmental and social emotional aspects contributing to symptoms.

MENOPAUSE/ PERIMENOPAUSE/ ANDROPAUSE:

\$400 INITIAL EXAM, LAB ORDERS, 1 FOLLOW UP

Comprehensive review of current symptoms, lab evaluation, and initiation of appropriate hormones. 3 month follow up visits recommended. Includes prescriptions for estrogen, progesterone, and or testosterone

WEIGHT MANAGEMENT:

\$400 INITIAL EXAM, LAB ORDERS, 1 FOLLOW UP

GLP1s, peptides, available along with evaluation of factors contributing to weight. Prescriptions for weight management available, monthly check ins required. Monthly follow ups \$150-\$250 (includes medication)